

Ladies!

Total Body Conditioning



Tuesday Mornings

9.30-10.30am

**Come and Tone Up
in the Park!**



**@ Bishops Park
Community Room**

**Starts 5th November
2013**



ONLY £3 per session for first three weeks!

£5 thereafter, concessions available at £3.

**Limited Spaces Available. To reserve a space or for more info please
contact Maxine at info@flatfeetdance.co.uk or call 07872927288.**

